



English

English Instant Workbook

GRADE: 4

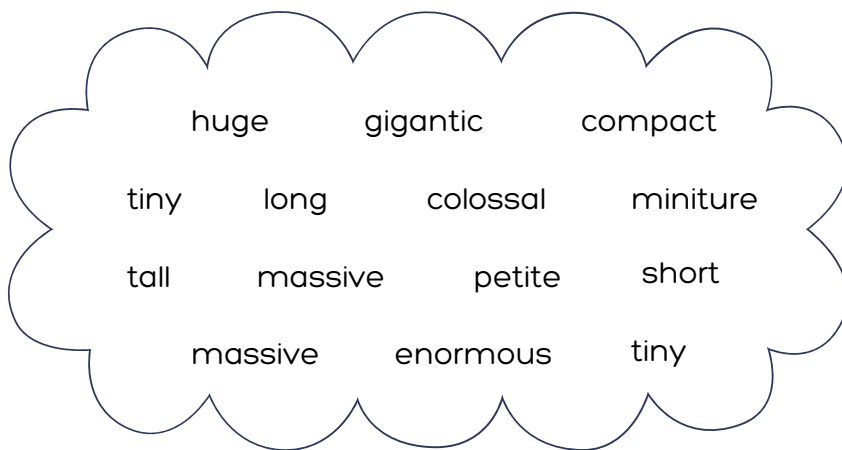
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ANTONYMS

definition

An antonym is a word that has the opposite meaning of another word.

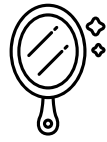
Words can have more than one antonym. Let's explore the language of antonyms today. Circle all of the antonyms for find the word small.



Write a descriptive paragraph using a few of the antonyms.



Synonyms



Words that mean the same thing.

Instructions: Write a synonym for each word:

- | | |
|-----------------|-----------------|
| ● Pretty: _____ | ● Pretty: _____ |
| ● Clever: _____ | ● Clever: _____ |
| ● Lucky: _____ | ● Lucky: _____ |

Instructions: Draw a line to match each word to their synonym:

gift:	cash
small:	end
money:	present
finish:	little

also:	hilarious
wet:	too
funny:	talk
speak:	damp

Instructions: Brainstorm as many synonyms as you can for each word:

happy

great

yummy

COMMAS

PLACE THE COMMAS IN EACH DATE AND ADDRESS.

1. He was born on April 18 1997.
2. We should go sightseeing in Chicago Illinois.
3. My husband works in Jacksonville Florida.
4. The last vacation I went on was July 5 2012.
5. I will be ten years old on November 5 2026.
6. Lily's grandmother lives in El Paso Texas.
7. We have a volleyball game on May 15 2023.
8. The Leaning Tower of Pisa is in Pisa Italy.
9. Avery was born June 23 2008
10. Last year I traveled to Denver Colorado.

Punctuation

Read each sentence and choose between the three options of punctuation what's best for each.

a. You don't know me
well do you

!

?

.

k. Is your mother home
today

!

?

.

b. In summer, its way
too hot around here

!

?

.

l. That dog is running
away

!

?

.

c. Watch out for that
white ball

!

?

.

m. Can I see you guys
tomorrow

!

?

.

d. And that's all that
happened

!

?

.

n. Is your mother home
today

!

?

.

e. What's your favorite
animal

!

?

.

o. Is there a restroom
near here

!

?

.

f. Olivia likes rainy
days

!

?

.

p. Wow, look at that
rainbow

!

?

.

g. Stand in a line here,
please

!

?

.

q. The bird is on the
tree

!

?

.

h. Francisco went
outside to play

!

?

.

r. Where is my
umbrella

!

?

.

i. Are you excited to
go there

!

?

.

s. What a happy
ending

!

?

.

j. Did you find your
boots

!

?

.

t. Do you want a piece
of cake

!

?

.

Preposition Hunt

Prepositions show relationships in a sentence, like location or direction. Read the text below about physical activities with friends. Whenever you come across a preposition, highlight or underline it. Enjoy finding the prepositions!

Participating in physical activities and sports is so important for a healthy lifestyle. Whether you're inside or outside, there are many choices available. You can join fitness and dance classes at a local gym, where you move with other people. You can also enjoy outdoor activities such as running around a track, or cycling and hiking up elevated places for an added challenge! Playing team sports like tennis or basketball among friends is great for teamwork. If you're looking for excitement, try extreme sports like rock climbing or surfing on weekends. When you take part in activities, like yoga and Pilates, you're able to relax and stay flexible. On the days when you do work out, remember to warm up, wear proper gear, and stay hydrated. By doing these activities, you can improve your physical and mental well-being while having fun!



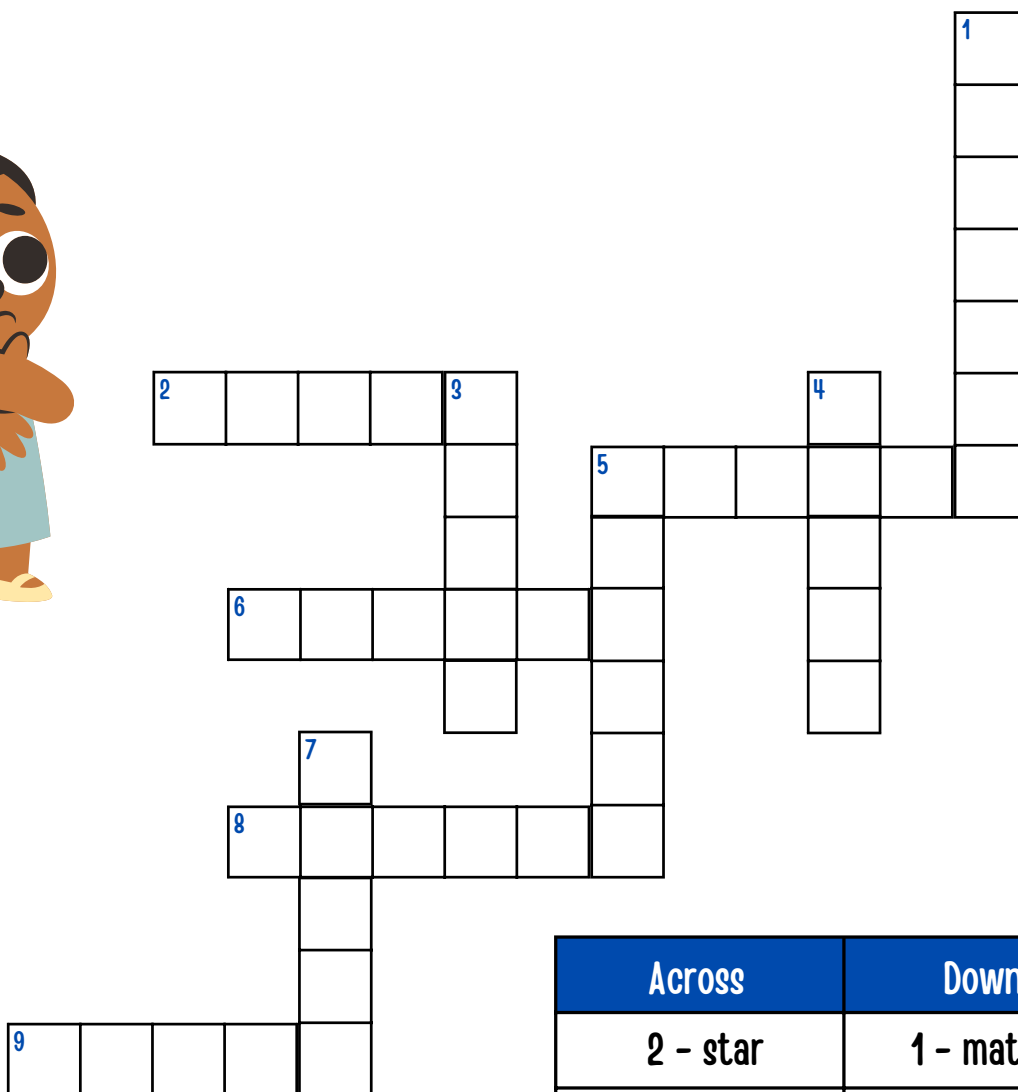
Answer Key: Preposition Hunt

Participating in physical activities and sports is so important for a healthy lifestyle. Whether you're inside or outside, there are many choices available. You can join fitness and dance classes at a local gym, where you move with other people. You can also enjoy outdoor activities such as running around a track, or cycling and hiking up elevated places for an added challenge! Playing team sports like tennis or basketball among friends is great for teamwork. If you're looking for excitement, try extreme sports like rock climbing or surfing on weekends. When you take part in activities, like yoga and Pilates, you're able to relax and stay flexible. On the days when you do work out, remember to warm up, wear proper gear, and stay hydrated. By doing these activities, you can improve your physical and mental well-being while having fun!



Plural Nouns

Complete the crossword puzzle by writing the plural forms of the nouns below.



Across	Down
2 - star	1 - match
5 - broom	3 - shoe
6 - paper	4 - fox
8 - towel	5 - bush
9 - clip	7 - book

Countable and Uncountable Nouns

1- You and Student B work in a shop. You're checking what to order. Ask student B questions about the product below with How much...? and How many...? Write the answers in the table.

Products	Quantities
soap	
makeup	
hair gel	
jumpers	
skirts	
hoodies	

2- Now answer Student B's questions with a lot of, much, many and any. Use containers in your answers, too.

Products	Quantities
toothpaste	
hairbrushes	
shower gel	
shampoo	
deodorant	
toothbrushes	

3- Look at the tables. Decide what products you need to order.

NOUNS

Nouns are a person, an animal, a thing or a place.

Circle the nouns.

cat like ate
 chips flowers go
garage drink baby
 piano green sister
seven blue bike

Write your nouns.

1. _____ 2. _____ 3. _____

Complete the sentences from the nouns above.

1. I play the _____.
2. He ate _____ yesterday.
3. The _____ is sleeping in the crib.
4. She is my _____. Her name is Lily.
5. The _____ smell amazing.
6. His old _____ is in the _____.
7. Their pet is a _____.

VERBS

Verbs are action words. They mean "doing" something.

Circle the verbs.

lives

like

dance

kitten

sleeps

went

speak

drink

baby

reads

eats

cooked

eight

red

bike

Write your verbs.

1.

2.

3.

Complete the sentences from the verbs above.

1. I _ _ _ _ _ milk every day.
2. My friend and I _ _ _ _ _ playing volleyball.
3. Jane _ _ _ _ _ comics on Sundays.
4. Dad _ _ _ _ _ dinner yesterday.
5. My grandma _ _ _ _ _ nearby.
6. Her cat _ _ _ _ _ on the sofa.
7. We _ _ _ _ _ to the sports centre in town.

ADVERBS

Adverbs describe the verb in a sentence.

Circle the adverbs.

1. The teacher proudly clapped her students.
2. He ate dinner eagerly.
3. The small cat is walking quickly.
4. The children was waiting quietly.
5. They were talking nervously.

Circle adjectives or adverbs according to the sentence.

1. Jack careful/carefully took the dinner out of the bag.
2. He performed poor/poorly in the play.
3. Dad ran to the car quick/quickly.
4. The woman divided the cookie equal/equally.
5. Emma walked into the quiet/quietly room.
6. The children were so loud/loudly.

ADJECTIVES

Adjectives describe a noun.

Circle the adjectives.

1. I play with the red ball.
2. He eats healthy food.
3. The small cat is sleeping.
4. She is a young teacher.
5. They like reading funny books.
6. The girls in my classroom are clever.

Complete the sentences with your adjectives.

1. I am watching a _ _ _ _ _ movie with my friends
2. Tom has got a _ _ _ _ _ bike.
3. My _ _ _ _ _ sock has got a hole in it.
4. This _ _ _ _ _ book is boring.
5. His sister has got _ _ _ _ _ eyes.
6. This pillow is so _ _ _ _ _ that I want to sleep on it.

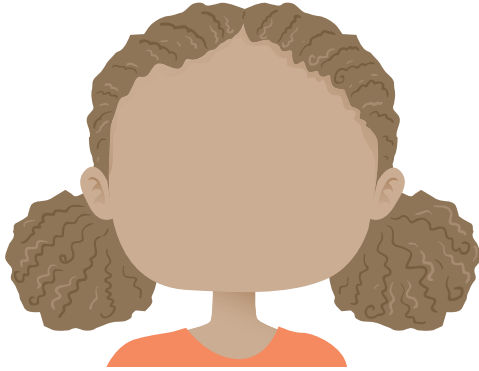
GRATITUDE REFLECTION

DESCRIBE WHAT ARE YOU GRATEFUL FOR TODAY

3 THINGS WHAT YOU LOVE ABOUT YOURSELF

THE THINGS YOU CAN APPRECIATE

Morning Check-In



How I feel about today:

Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

○ ○ ○ ○ ○

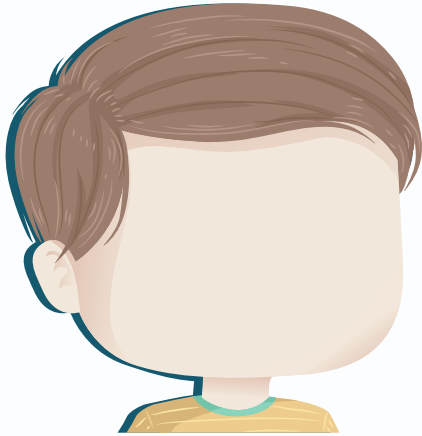


Goal for Today:

A large, hand-drawn style circle with a double-line border, intended for writing the goal for the day.

Something I am looking forward to today:

Morning Check-In



How I feel about today:

Happy Tired Hopeful Nervous
Focused Sad Frustrated Confident
Excited Angry Joyful Bored

Reason for my rating

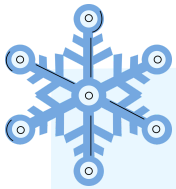
○ ○ ○ ○ ○



Goal for Today:

Something I am looking forward to today:

Reading Comprehension: The Beauty of Winter



"The Beauty of Winter"

As the days grow shorter and the air becomes cooler, we welcome the arrival of the beautiful season of winter! Winter is time filled with many exciting things to explore and enjoy. Let's dive into the wonders of this special season.

Firstly, winter brings us the joy of snowfall. When you wake up one morning to see the world covered in a soft, white blanket of snow, it's time for endless fun! Building snowmen, having snowball fights, and making snow angels are just a few of the many activities you can engage in. Remember to wear warm clothes and enjoy the refreshing air while playing outside.

Winter also brings us the gift of holidays. During this season, we celebrate various holidays such as Christmas and New Year's Eve. These holidays are filled with family gatherings, delicious food, and exchanging gifts. It's a time to spread love, kindness, and gratitude among your loved ones. Don't forget to decorate your homes with colorful lights and ornaments, and maybe even write a letter to Santa Claus!

Another aspect of winter is the change in nature. Many animals hibernate during this season, while others adapt to the cold weather by growing thicker fur or migrating to warmer regions. Take this opportunity to observe birds flying south or squirrels gathering food for the winter.

Winter also offers the chance to enjoy various winter sports and activities. Ice skating, skiing, snowboarding, and sledding are all thrilling ways to make the most of the season. If you haven't tried them yet, make sure to ask your parents or guardians to take you to a nearby ice rink or ski resort. Remember to wear appropriate safety gear and have fun while learning new skills!

While winter may bring cold temperatures, it also brings us countless opportunities for joy, wonder, and togetherness. Embrace the beauty of this season, cherish the moments with your loved ones, and make memories that will warm your heart for years to come.



1- Read the text. Are the sentences true (T) or false (F)?

- 1- Winter is a season filled with snowfall and outdoor activities like building snowmen and having snowball fights. T ☐ F ☐
- 2- Winter is a season when you should avoid spending time outdoors due to the cold temperatures. T ☐ F ☐
- 3- Winter is a time for indoor activities like reading, baking, and watching movies. T ☐ F ☐
- 4- In Winter you can't do any outdoor sports. T ☐ F ☐
- 5- Nature doesn't change during winter. T ☐ F ☐

2- Read the text again and answer the questions.

1- What are some outdoor activities mentioned in the text that are associated with winter?

2- How does the text describe the weather during winter?

3- What are some examples of indoor activities suggested in the text for the winter season?

4- What's your favorite thing about Winter?





THE DAY OF THE CIRCUS

READING COMPREHENSION

Hank joins the Circus!

Read the story below and then answer the questions.

Hank, the horse with a heart full of curiosity, had always wondered what it would be like to live a life of grandeur and awe. He would often gaze at the horizon, dreaming of a world beyond the humble farm where he lived.

One day, as the circus came to town. He watched in awe as the majestic horses paraded past him. They seemed to shimmer with magic. Hank let his curiosity get the best of him. He leaped over the fence and joined the circus, where he met horses who pranced with grace and style. The circus horses looked so grand, and Hank thought he had found his paradise.

But soon, Hank realized that the circus was not what he had imagined. He felt like he was nothing more than a cog in a machine. The glittering tents and the applause of the crowd were just a facade. The horses were confined to small stalls, and their freedom was lost. Hank missed his home, the fields, and the freedom he once had.

As Hank looked at the other horses, he realized that they were no different from him. They were all magnificent creatures that deserved respect, care, and freedom. Hank felt a sense of sadness and longing for his home, where he belonged and was loved.

Finally, the day came when the circus left town, and Hank was able to return to his beloved farm. As he galloped through the fields, he felt the wind on his mane, and he knew that he was finally home. From that day on, Hank appreciated the simple pleasures of life and was grateful for the blessings that he had.



True or False Questions

Tick the true statements and cross out the false ones.

- 1 Hank always dreamed of living a life of grandeur and awe. ☐
- 2 Hank joined the circus because he was curious. ☐
- 3 The circus horses were treated with respect, care, and freedom. ☐
- 4 Hank missed his home and the freedom he once had while he was at the circus ☐

Figurative Language Used

What does the phrase "shimmer with magic" mean in the context of the story?

Explain the meaning of the following phrase: "He felt like he was nothing more than a cog in a machine."

Critical Thinking Questions

Do you think Hank's decision to join the circus was a good one? Why or why not?

How do you think Hank's experience at the circus changed his perspective on life?

Deeper Discussion Questions

The story highlights the importance of freedom and belonging. How do these themes relate to our own lives?

In what ways can we ensure that animals and other creatures are treated with respect, care, and freedom?

A stylized illustration of a pen writing the word "LIVE" in a bold, sans-serif font. The pen is positioned at the end of the word, with a small squiggle indicating the final stroke.



This image shows a single sheet of white paper with horizontal ruling lines. The lines are evenly spaced and run across the width of the page. There are no margins, text, or other markings on the paper.

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Writing: Describing Where You Live

1. Read Juliana's profile.



I live in Buenos Aires, Argentina. Buenos Aires is an important city in South America. It has a population of over 20 million people. It is a vibrant and dynamic city with a rich cultural heritage. It's known for its stunning architecture, delicious food, and friendly locals.

One of the things that I love about Buenos Aires is its diversity. You can find people from all over the world here, which makes for a truly unique and exciting atmosphere. The city is also very welcoming to visitors, so you'll always find plenty of things to see and do.

One of the most iconic parts of Buenos Aires is its architecture. The city is full of beautiful buildings that date back to the colonial period, as well as more modern constructions. There are also plenty of green spaces, like the famous Palermo park, which is a great place to relax and enjoy the outdoors.

Another thing that sets Buenos Aires apart is its food scene. Whether you're in the mood for traditional Argentinean food or international cuisine, you'll find plenty of delicious options here. Some of my favorites include empanadas, asado, and of course, dulce de leche.

Overall, Buenos Aires is a city that's full of life and energy. There's always something going on, whether it's a street fair, a concert, or a cultural festival. It's a city that's easy to fall in love with, and I feel lucky to call it my home.

2. Answer the questions about Buenos Aires.

- Where is it?
- What's it famous for?
- What's the best thing about it?
- Do you like living there?
- What's the typical food?
- What are some famous landmarks?
- Would you recommend visiting it?

3. Write a similar text about the place where you live. Answer the questions in activity 2 to help you. Include a photo, and don't forget to check your description for mistakes (grammar, spelling and punctuation).

Opinion

Writing

Draw and write about one of your favorites.

Writing Steps:

- ☐ Think
- ☐ Draw
- ☐ Label
- ☐ Write
- ☐ Add details



PERSONALITY ADJECTIVES

FIND 10 PERSONALITY ADJECTIVES. MATCH THEM TO THE DEFINITIONS BELOW.



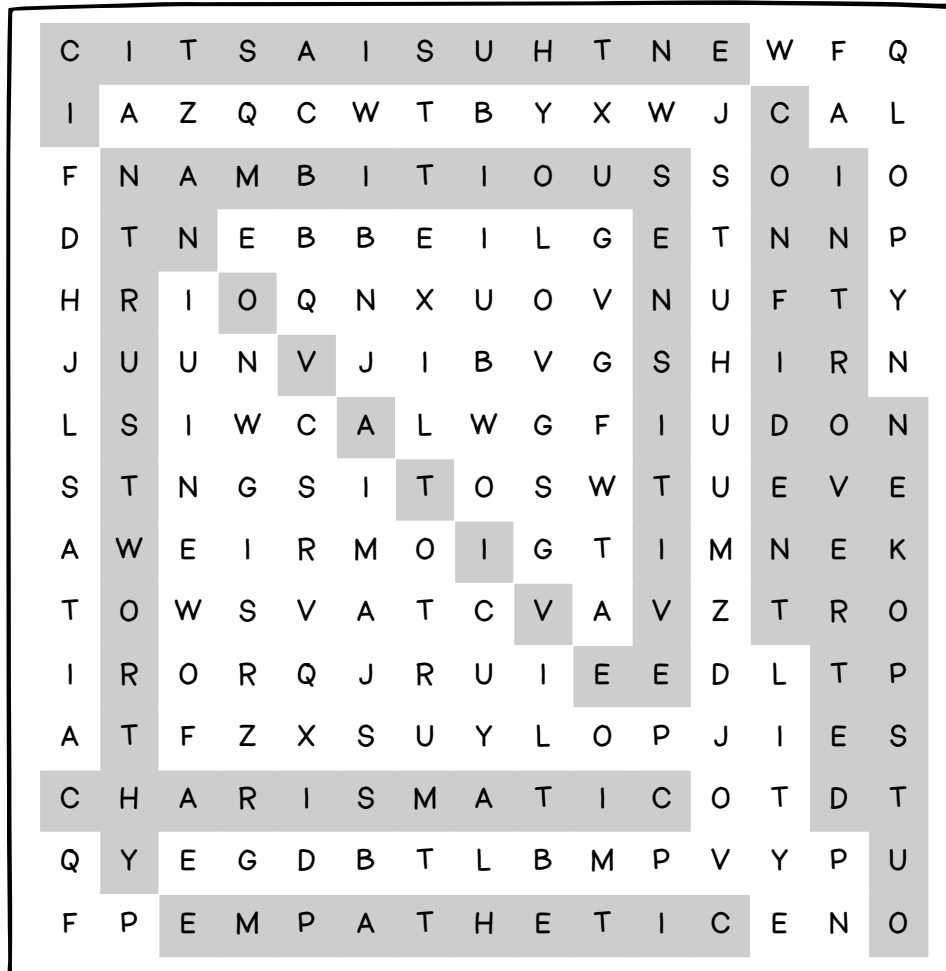
- _____ Having a strong desire to succeed or achieve something.
- _____ Having a compelling charm that inspires devotion in others.
- _____ Having a firm belief in oneself and one's abilities.
- _____ Having the ability to understand and share the feelings of others.
- _____ Showing great excitement or eagerness.
- _____ Frank and direct in expressing one's opinions and beliefs.
- _____ Being able to come up with new and creative solutions to problems.
- _____ Tending to be reserved and reflective, rather than outgoing.
- _____ Being able to perceive and respond to the needs and feelings of others.
- _____ Being dependable and reliable, worthy of confidence.





PERSONALITY ADJECTIVES

ANSWER KEY



AMBITIOUS

Having a strong desire to succeed or achieve something.

CHARISMATIC

Having a compelling charm that inspires devotion in others.

CONFIDENT

Having a firm belief in oneself and one's abilities.

EMPATHETIC

Having the ability to understand and share the feelings of others.

ENTHUSIASTIC

Showing great excitement or eagerness.

OUTSPOKEN

Frank and direct in expressing one's opinions and beliefs.

INNOVATIVE

Being able to come up with new and creative solutions to problems.

INTROVERTED

Tending to be reserved and reflective, rather than outgoing.

SENSITIVE

Being able to perceive and respond to the needs and feelings of others.

TRUSTWORTHY

Being dependable and reliable, worthy of confidence.

